



New Leaf Clubhouse

Young Adults Calendar September 2022

Due to Social Distancing this is **not** a drop in group. To participate please call

Staff at 604-526-1007 or Hunter at 778-938-7135

September 1st: – Exploring New West Mental Health Resources
Cold Drinks in the park

2pm at New Leaf

September 8th: Outing to PoCo River

1pm at new leaf

September 15th: Picnic at Burnaby Lake

1pm (Noon) at New Leaf

September 22rd: Healthy Habits Workshop

Walk Uptown

2pm at New Leaf

September 29th: Outing TBD

1pm at New Leaf